

## The Power of Showing Up: Courage, Coaching and Positive Change

Stop and think for a moment, are there times in your coaching conversations when you hold back? Not because it's polite, or wise, or appropriate, but because you don't want to lose something (reputation, relationship, money, respect, authority, status).

It's imperative that you, as coach, "Show Up," that you shine your authentic expression. It's enlivening to you, and it's a powerful demonstration to your client to shine in their own life. Being authentic, it turns out, isn't a matter of some absolute, singular self, but an unfolding state of presence; a state that is fed by courage and compassion. Coaching from this state catalyzes every coaching interaction and discussion.

### Program Benefits:

- Accelerate clients' ability to clarify their gifts and talents
- Move from pleasing and colluding to challenging and enlivening
- Feed personal and professional growth and effectiveness

**Monday, January 8, 2018 • 8:30am-12 Noon**

Keller Graduate School of Management, 2nd Floor, Becker Meeting Room #204  
(DeVry University Building, Mission Valley)

2655 Camino Del Rio North, San Diego, CA 92108

Non-Members \$25 at the door. First Time Guests are Free.

**Visit [SanDiegoCoaches.org](http://SanDiegoCoaches.org)**



**Eric Kaufmann** is an executive coach, author, and facilitator who guides leaders to go below the surface and beyond the obvious so they can think more clearly, make better decisions, and relate wholeheartedly. Eric is President of Sagatica, a leadership firm that guides leaders and teams to align and excel in the midst of personal or organization transitions. By blending strategic thinking with Zen practices, Eric guides leaders to evolve and change, and upgrade their relationships, priorities, strategies, and competence. Eric's book, *The Four Virtues of a Leader*, explores the essential virtues shared by successful, passionate, and creative leaders and how they navigate through uncertainty and anxiety. His work is shaped from the crucible of his journey which includes 17 years of leadership coaching and consulting, management roles at Fortune 100 firms, degrees in business and psychology, a quarter century of Zen practice, and living in Israel and South Africa.

Sagatica, from Sagacity, the Latin for Wisdom, acuteness of mental discernment and ability to make good judgments. Visit [www.sagatica.com](http://www.sagatica.com)